



30 yrs...



40 yrs...



50 yrs...



The farm animals



Big Horn Mountains, WY



Pike's Peak, CO



U.S.S. Missouri



Friendly folks "down under"



Costa Rica playground



One night in Bangkok...



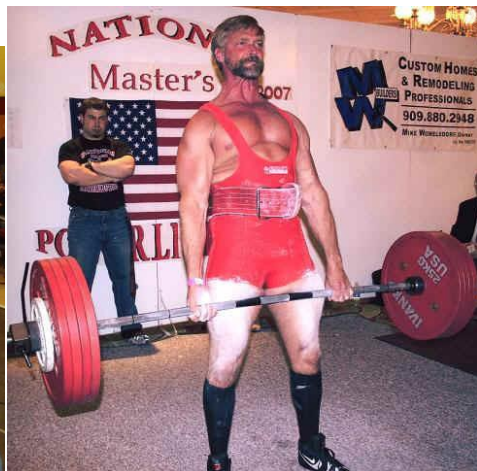
Home gym in MN



Squat 502 @ 197 lbs



Bench Press 363 @ 197 lbs



Deadlift 518 @ 197 lbs



Road Trip... Bath Time!